

**Topya Leadership and Teambuilding Day - September 27<sup>th</sup>, 2019**  
Feedback from Participants



**Jason Keller – 48**

“I was deeply affected working with horses with different personalities and using positive energy to lead. I will never forget the power of the mind and the ability we have to change it from negative to positive. I realized that leadership is in everyone and it’s in their control. This will help me when working with my teenage sons on the power of mindfulness and also working with our less experienced staff in the same area. I learned that happiness and love is a mindset and I need to push out fear. This was a powerful and experiential event that has immediate return on investment! Thank you!”

“Shutting out the rest of the daily distractions, frustrations, stress, etc. and being able to focus deeply on connecting with another animal on a true fundamental level was empowering! I was amazed how some of the biggest components of communication have nothing (or little) to do with verbal interaction. I learned that true leadership is about confidence, compassion and trust. I will take the valuable lessons that I learned here with horses and apply this to my everyday interactions. I was very pleasantly surprised that interacting with Tango (the horse) reminded me of the love between my dog and I. I feel like this was the rare type of experience that will leave a permanent impact on me. I have Tango to thank and your staff! The level of quantum theory involved in your presentation about horses and beyond into your life was very inspiring and also unexpected!”



**Stephen Melton – 35**



**Chris Antoline – 34**

“The experience of using the knowledge that was taught in the introduction and interactive exercises to dictate success when interacting with the horses was powerful. I now know I need to go beyond vocal and use and read energy to have more successful communication. Leading with confidence is a mindset! I will now be more mindful of the interactions in my life, both in business and otherwise. I will choose to lead with happiness and communicate with love. I feel like I learned and grew a lot today and will be able to better interact with my colleagues because of it! This is a great program for individual and team development.”

“I really enjoyed the application of being able to change your thoughts and mood which in turn can make you stronger physically. Bringing in the big horses to eat had a huge impact on me, because I realized that confidence in your leadership and how you lead positively is extremely important. With people you need to be aware of your mood and thoughts when communicating also. I definitely will use the positive mentality and shift my negative thoughts away from my mind when I can. I realized that the animals sense your kindness and love as do people and I think applying that happiness more often will better my life. I feel great about my experience here and would definitely do Leadership Awareness level II and will recommend this to other people and groups. Thank you!”



**Jack Mayfield – 23**



**Cory Nadler – 35**

“I was impacted by the experience of feeding and cleaning the horse’s feet because it showed me I can get a 1000 lb. animal to do what I want with confidence and knowledge. I realized that communication all starts with me, and listening to verbal and nonverbal communication makes it a dialogue. With my leadership ability, I now understand that my confidence is within our control and we can always fade it until we make it! I will stay confident, keep trying and lead from conscious thought and with purpose. Having compassion and truly listening to the animals enabled me to connect with them and I can do the same with people both at work and and with my family. This was a great day! I will recommend this to others for sure. Thank you!”

I think the thing that affected me most was when the horse “Misty” would look at me when I was working with her. I realized how my emotion would transfer to her. This experience helped me to better control my body language and with leadership the importance of balancing assertive behavior with caring. This was a very positive experience!”

**David Brody – 42**



**Kristi Shadid - 46**

“The thing I enjoyed most about today was bonding with my co-workers over a new experience. Everyone just got to let all the tensions go and be fully present! The non-verbal way of communicating love energy was something I definitely needed to be reminded of. The love energy is just soo important to every type of relationship in life. I realized that you can’t make good decisions if you aren’t doing it from a place of happiness and love. Don’t over analyze! This day was extremely positive – I would love to come back! Thank you so much!”

“Wow! Thinking about the energy I can bring and how quickly that can impact the horse and people! This reinforced what I know and have learned, but this reminded me of how critical it is to apply this information. Each horse is a little different, but still a horse – just like humans. This helps me understand even better when my father is going through as he considers giving up his horse because of his health – very emotional and deep. This will help me support him more. I believe that happiness and love is the core of our existence and this experience reinforced this profoundly. This was a phenomenal experience. It brings awareness to the forefront. I loved the science and discussion too. You have truly developed an incredibly powerful and unique way to teach leadership and self and group awareness!”



**Taylor Ohisen – 51**



**Kris Jacobs - 48**

“The thing that impacted me the most in this class was when I learned how to stay confident and positive and lead with that energy. With communication, I learned the importance of positive energy and actions and how they are more important than the words we use. I realized that leadership exists within all of us! With my life, I will no longer hesitate. I will remain positive and move my energy forward. With the importance of happiness in love, I saw how well the horse responds to these actions of good energy and mindfulness. I loved it! I am leaving with a smile and more confidence!”

“Learning how to interact with horses and learning how to non-verbally communicate was astounding to me. This experience reinforces what I knew about good communication. My understanding of leadership grew because I realized how important your energy is! Spending more time with horses would be good for me. This was a very positive experience. This seems like it would be good for people who need to work on their emotional intelligence and empathy skills.”



**Greg Laugaro – 53**